

Keeping in touch...

Prospect News

The newsletter of Prospect Hospice

Autumn 2019



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RAPID RESPONSE BRINGS COMFORT P21

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Stay in touch...

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Visit **www.prospect-hospice.net**

Facebook **Prospect Hospice**

Twitter **@prospecthospice**

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Update from the Chief Executive

When I joined Prospect Hospice less than a year ago, it's safe to say we faced challenging times. We weren't in the place we had hoped we would be and that was frustrating for many, especially those who were on the front line delivering essential, much needed care to our patients.

We recently received the report from the Care Quality Commission (CQC) following the unannounced inspection that took place in June. We received ratings of requires improvement overall and a good for caring. This was disappointing but due to the many changes that have been made over the last year we still have to embed the processes and we will need more time to do this. CQC recognised the compassion, kindness, respect for dignity and privacy was at the heart of what we did well. We have as a whole team, which our volunteers are an integral part of, made great strides in the right direction, which the CQC recognised. We look forward to their return early next year when we will have had a further step change.

At no point have we ever forgotten that you are the ones that donate your hard-earned money to us, and trust that we will do our very best with it to care for local people living with a life-limiting illness. For that support I want to thank you and let you know that this is what keeps us driving forward.

In this edition of Prospect News, you'll see there's more change at the hospice as our board welcomes new members to help us shape the direction of our services. You'll also find impressive figures from our annual review that demonstrate how we're helping those in our local community both at the hospice, at Great Western Hospital and in their own homes. We supported over 2,500 patients last year, each with their own tailored, individual care plan and that's all thanks to you and your support.

Irene Watkins
Chief Executive





Prospect Does Strictly tickets available now

Our couples are getting ready to go head-to-head in a Strictly Come Dancing style dance off to win the coveted 'Prospect Does Strictly' trophy at our grand finale on Wednesday 13 November 2019.

Come along and support our couples as they jive and waltz the night away in support of the hospice.

They will be judged by our panel and their scores will include points awarded prior to the performance based on the amount of funds they have raised.

Want to be in the audience? You can get your tickets by going to our website and searching 'Prospect Does Strictly'.



Join our team

When you work for Prospect Hospice, you're an ambassador for a charity that is hugely cherished by the local community and we recruit with this in mind.

If you're successful in joining our team, you can expect the training and support you need to develop your career with us along with reward and recognition that reflects your contribution.

Find out how you can make your next career step with Prospect Hospice by going to our website and search 'working for us.'



Our day therapy patient Alex remembers D-Day 75 years on

On the 75th anniversary of the Normandy invasion, day therapy patient Alex McInnes spoke to us about his memories of serving his country on D-Day.

On 6 June 1944, Alex was an eighteen-year-old Navy conscript helping American troops storm the Omaha beach on a LSI (Landing Ship, Infantry): a British Commonwealth vessel used to transport landing craft and troops during the Second World War. As he recalled his memories of that infamous day, he reminisced about the bravery and camaraderie of those who fought.

"When we brought over the first Americans to the beach, the Germans still had control and were shelling our ship, so we had to transfer over to another ship. By the time we did that the Germans had been pushed back," said Alex. "All the military worked together that day; the RAF played a huge part, chasing off the stukas and heinkels so we could get those boys to the beach."

He acknowledges that luck was also on the side of the allies when it came to planning.

"On 6 June there was some hesitation about going to Normandy because it was cloudy, but if we'd have waited until 7 June, D-Day would've been cancelled due to bad weather and who knows what the outcome would have been".

Signing up at 16 in 1942, Alex started his stint in the Navy as a boy signalman and then progressed to D Squadron on HMS Cossack as a mail courier. He described the navy as 'the best time in his life'.

Alex came to use the day therapy services at Prospect Hospice after having a stroke that left him with impaired mobility and enjoys the social side of his visits in particular. "The people and the staff are lovely; so welcoming and friendly. It's the highlight of my week coming here," he smiled.

For more information about our day therapy services, visit: www.prospect-hospice.net/care/therapy





Annual review

Over the last year, your donations have meant that we've been able to help local people living with life-limiting illnesses and also support their friends, family and carers.

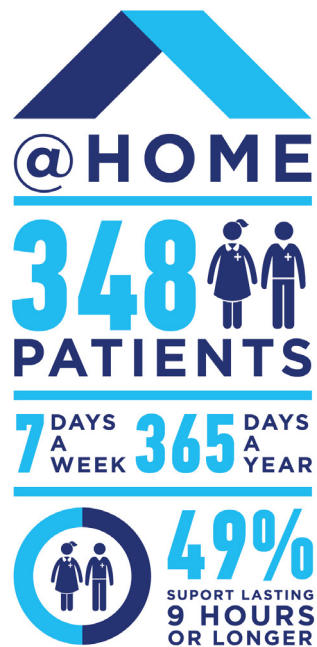
During 2018/19 we supported 2,555 patients across all of our services and 63 % of these people received a combination of direct care and support from more than one of those services, ensuring we offer tailored support for each person we care for.

During the same time, 348 patients were supported by our teams in their own homes. The vital funds you have donated to the hospice means that this year our Prospect@Home team is available to these patients seven days a week, 365 days a year.

We introduced a new out-of-hours initiative to support staff, patients and their families at night, providing quicker, easier access to care. The rapid response team is run direct from the hospice in Wroughton.

Our clinical nurse specialists also supported 900 patients at Great Western Hospital. This team provides education to both hospital staff and palliative care patients, ensuring they receive the most appropriate treatment and reflecting patient choice.

Last year, 255 patients were supported by the teams on our inpatient unit with each patient staying with us, on average, for 11 days.



Prospect Hospice also works with 50 local care homes across Swindon and north-east Wiltshire and, during 2018/19, our care home clinical nurse specialists supported 229 referrals. The team works jointly with local mental health teams and supports residents with learning disabilities and dementia.

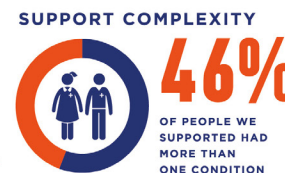
Our therapy team supports people with a range of services including rehabilitation, physiotherapy and dietician support, and last year supported 437 referrals.

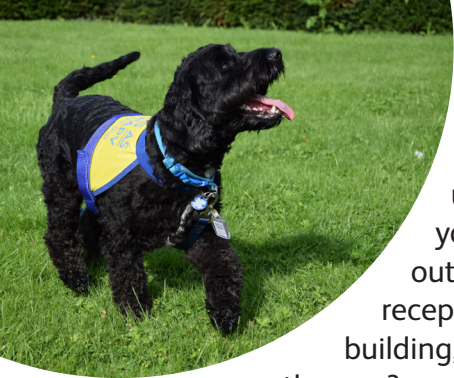
While making sure our patients receive the best care, their friends, family and carers are also very important to us with 692 referrals being supported by our family support team. The support offered is wide-ranging to meet individual needs and includes bereavement services, one-to-one support and spiritual care.

Throughout this time, we recruited 281 new volunteers and the local community helped raise £2.2million, helping us to continue to deliver this range of services.

Your support has been vital in ensuring we are able to deliver these services to local people when they need us most.

To find out more about our work in the community, download our annual review by searching 'about us' on our website.





Pets as Therapy dogs

When you think of our volunteers who give up their time to support the hospice, who do you think of? The person who helps you pick out a new outfit in one of our shops, the friendly receptionist who welcomes you into the hospice building, someone to sit and chat with during day therapy?

Not many people would think of Loki as a typical volunteer but the lovable springer poodle cross is an important member of the hospice team and joins a number of PAT dogs and their owners who regularly volunteer their time.

Two-and-a-half year old Loki, along with his owner Sonya, started volunteering at the hospice back in January after a prolonged period of training to get him ready for the job. "I always knew I wanted a PAT dog but he was a very naughty puppy when we got him," says Sonya. The pair worked with local trainers Lechlade K9 Centre and Our Ways Dog Training of Cricklade and it took around a year for Loki to become calmer and not be so over-reactive. The team of two then worked together with their trainers for another eight to ten months before Loki was ready to take his PAT dog exam.

All PAT dogs must pass a test to ensure their nature is right for the environment they're going to be working in and Loki needed to prove that he would take a treat softly, that he wouldn't jump up, that he wouldn't react to loud noises, he wouldn't paw at people for food and that he didn't bark or lunge at people or other dogs. Loki passed with flying colours and has since gone on to complete his volunteer induction at the hospice.

Loki and Sonya are now familiar faces around the hospice and can often be seen on a Friday morning visiting our patients. "He knows when he's coming to the hospice," says Sonya. "He jumps out of the car and then pulls me to reception where he always greets Kathryn with a big cuddle."

"He's a great ice breaker with people and it's nice to get to talk to the patients and bring them some cheer, especially if they're missing their own animals from home. It's never hard work and I've had some lovely conversations with people and heard some wonderful stories thanks to Loki."

Recalling one patient in particular Sonya remembers: "One patient had met Loki and the two struck up a really nice friendship and were always pleased to see each other. They had to leave the hospice for surgery one day but were really keen to see Loki when they returned. I moved some things around in my diary and made sure that we could be here when they returned. It was so nice to see them reunited for another cuddle."

"Loki loves being at the hospice and really enjoys being here for the patients. Every now and then I take him out into the gorgeous garden for him to have a little break but he's always pulling me back inside to see people. I think he gets just as much out of it as they do."

While here for the patients, Loki has many fans among the hospice staff and volunteers who all stop him for cuddles when he's visiting. "I feel like we're here for the team at the hospice just as much as we are for the patients," says Sonya.

Loki and Sonya are valued members of the volunteer team. Su Starkey, head of voluntary services at the hospice, said: "All of our volunteers make such a difference to the hospice. Loki and Sonya are much loved members of the team and the joy they bring to the patients is something that cannot be provided by any other means. For our patients, his presence often enables them to open up about how they're feeling in a way they perhaps wouldn't if they hadn't seen him."





Thank you...

Once again, we have been so fortunate to secure **Imagine Cruising** as our headline supporters for our hospice fundraising events and activities this year.

The commitment and passion shown by all of the amazing team at Imagine Cruising is astounding. Not only does the business financially support us as their charity of choice but the staff take part in our fundraising events, they organise their own activities and events and all this has continued to grow year-on-year since 2012.

From everyone here at the hospice we would like to say a huge thank you to everyone at Imagine Cruising.

Binky's afternoon tea

An afternoon tea held in the village hall at Blunsdon raised over £2,000. Julie Hennessy and friends organised this event in memory of their friend, Julie Allen, who died last year after receiving care at the hospice. Julie is applying for match funding from her employer so looks set to raise over £4,000 in total. Well done.

Ice Hockey match in memory of Darren Taylor

The Swindon Panthers organised a memorial ice hockey match and raised over £5,000 in memory of their old team mate Darren Taylor, who died in April 2018. The Panthers and Darren's family were so blown away by the support they received that they would like to now organise it as an annual event.



George Scarrott Funfairs choose Prospect Hospice as charity of the year

After a Facebook poll carried out by George at the beginning of the year, we were thrilled to be voted as the charity for the funfair to support throughout 2019. George has been arranging charity collections at all of his fairs and even donated the rides to our garden fete.



Ian Rumbold's charity golf day

Keen golfer, Ian Rumbold organised his second fundraising golf day at Bowood Golf and Country Club in memory of his dad, Stewart. Over the two events Ian has raised over £6,000.

Sarah's super stroll

Sarah Blanchard took part in the "Race to the Tower", walking from Stroud to Cheltenham, raising £1,481. Sarah was walking in memory of her mum who spent her final days at the hospice.

London Marathon

We are very thankful to our London Marathon runners who raised nearly £4,000 between them. They had numerous reasons for supporting the hospice from personal challenges to running in memory of family members and partners.

Boxes

A huge thank you to our 145 box collectors and 2,000+ box holders. Without you, we would not have been able to raise an incredible £22,000 since April this year.

Some of our box collectors have been with us for a number of years, such as Margaret (pictured right), and for this we thank you.





Rob and his team serve up a treat for hospice staff and patients

Most of the ingredients sourced for Prospect Hospice's daily menus are done so in a very affordable fashion from a charity that is having a positive impact on our environment.

Every Thursday, Prospect Hospice catering services manager Rob Tynan uses food charity FareShare for the majority of his shopping. The national charity saves good food from going to waste and redistributes it to frontline charities. For example, if a batch of jam was delivered to a supermarket with a misprint on their packaging, rather than bin the consignment, FareShare would buy it from the supermarket and sell it on to the charities at a reduced price.

"For 46 pence per kilo I can get a range of products and ingredients, from cherry tomatoes on the vine or a case of halloumi, to prime cut lamb steaks," said Rob. "I order in bulk what I would like online on the Thursday from FareShare and it's delivered to the hospice by Monday lunchtime. It's a brilliant way of getting good value for money while helping to stop unnecessary food waste.

"By using FareShare we know that we're getting quality ingredients to use in our meals but more importantly, it means that more of the money raised by local people goes directly towards patient care."

For information about FareShare, visit their website:
www.fareshare.org.uk

CREATE THE PROSPECT OF A NEW NURSE



We urgently need 500 local people to give us £5 a month to help fund a new nurse at Prospect Hospice.

We provide end-of-life care for people with life-limiting illnesses across a community of 300,000 in Swindon, Marlborough and north-east Wiltshire.

Nurses are vital to the care that we provide around the clock, every day of the year. A regular donation towards the cost of funding a new nurse can make a real difference to the experiences of people who seek our help in their final weeks and days.

Without nurses, hospice care simply wouldn't exist.

So please help us by signing up today. Please fill out your details on the page opposite or visit www.prospect-hospice.net. Thank you.

HOW YOU HEAR FROM US

Prospect Hospice will use your data to contact you from time to time with information about the hospice that we feel may be of interest to you, like our events, activities, news and ways you can get involved more if you want to.

We will not use your personal information for such marketing purposes if you have indicated that you do not wish to be contacted. You can change your contact preferences and how we communicate with you any time in any of these three simple ways; call us on 01793 816161 and ask to speak to the data team, email us on dataadmin@prospect-hospice.net or visit www.prospect-hospice.net/how-you-hear-from-us.

For more guidance on how we use your information please visit www.prospect-hospice.net/privacy-policy.

YOUR DETAILS

Title: Forename:

Surname:

Address:

Postcode:

Date of Birth:

Telephone Number:

☐ Please use my telephone number to keep me updated about the work of the hospice, including fundraising events and activities I may be interested in.

☐ Please use my telephone number to contact me in relation to my regular gift only.

Email Address:

☐ Please use my email address to keep me updated about the work of the hospice, including fundraising events and activities I may be interested in.

☐ Please use my email address to contact me in relation to my regular gift only.

YOUR REGULAR GIFT

To help fund a new nurse I would like to give the following:

☐ £5 per month

☐ £10 per month

☐ £15 per month

☐ £20 per month

☐ £50 per month

☐ Other £ a month



PAYMENT BY DIRECT DEBIT

Banks/Building Societies may not accept Direct Debits for some kinds of account.

To the Manager: Bank/Building Soc

Address:

Postcode:

Name(s) of Account Holder(s)

Account Number:

Sort Code:

giftaid it

☐ Make your gift worth 25% more with Gift Aid

I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years to Prospect Hospice. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. I understand that Prospect Hospice will reclaim 25p of tax on every £1 that I have given.

INSTRUCTION TO YOUR
BANK/BUILDING SOCIETY TO
PAY BY DIRECT DEBIT



Service User Number:

Reference:

Please pay Prospect Hospice Direct Debit from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Prospect Hospice and, if so, details will be passed electronically to my Bank/Building Society.

Signature:

Date:

For Prospect Hospice Use only - this is not part of the instruction to your Bank/Building Society. For your information, you are covered under the Direct Debit Guarantee Scheme and you should refer to your Direct Debit confirmation for details of the Guarantee.



Win **£5,000** in our anniversary
draw! * celebrating 20 years of
the Prospect Hospice lottery

Visit www.prospect-hospice.net/lottery
or call **01793 816190** to find out more

*Cut-off date to enter this draw is 13 October 2019.



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Registered Charity Number: 280093
Licenced by the Gambling Commission

BeGambleAware.org

1. Your details

Title: First Name:

Surname:

Address:

Postcode:

Telephone:

☐ Please use my telephone number to keep me updated about the work of the hospice, including fundraising events and activities I may be interested in.

☐ Please use my telephone number to contact me in relation to the Prospect Hospice lottery only.

Date of Birth:

Email Address:

☐ Please use my email address to keep me updated about the work of the hospice, including fundraising events and activities I may be interested in.

☐ Please use my email address to contact me in relation to the Prospect Hospice lottery only.

2. Payment frequency

How many entries would you like each week?

How often would you like to pay?
(Please tick the frequency and write the amount in the box).

☐ Monthly @ £4.34 (DD only)

☐ Every 13 weeks @ £13

☐ Every 26 weeks @ £26

☐ Every 52 weeks @ £52

Total payable

3. Payment method

☐ Direct Debit ☐ Cheque

☐ I enclose a cheque payable to Prospect Hospice. Minimum payment £13.

Payment by Direct Debit

Please fill in the form and return to Prospect Hospice.
Name and full address of your Bank / Building Society.

Banks and Building Societies may not accept Direct Debits for some kinds of account.

To the Manager: Bank/Building Society

Address:

Postcode:

Name of Account Holder(s):

Account Number:

Sort Code:

I confirm I am over 16 and a UK resident.

Signature:

Instruction to your Bank / Building Society to pay by Direct Debit



Service User Number:

2 4 5 3 7 1

Reference Number:

Please pay Prospect Hospice Direct Debit from the account detailed in this instruction subject to safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Prospect Hospice and, if so, details will be passed electronically to my Bank / Building Society.

Signature:

Date:

For Prospect Hospice use only - this is not part of the instruction to your Bank / Building Society. For your information, you are covered under the Direct Debit Guarantee Scheme and you should refer to your Direct Debit confirmation for details of the guarantee.

Date:



David Barrand



Jennifer Seavor



Joe Lewis

Trustees

At our AGM in July we said farewell to our outgoing chair Tim Willis and welcomed David Barrand, who will head up the board of trustees. David has served the hospice for almost a decade as a board member and knows the hospice well. Upon taking up his new role, David said: "Having been a member of the board for eight years, I'm incredibly proud of the work we do here at Prospect Hospice. Everyone plays an important part in making sure that we offer the best service to our patients and their families and I'm really looking forward to chairing the board and helping us achieve even greater things over the coming years."

Serving as vice-chairs will be Sheila Bryant and John Gilbert. Sheila joined the hospice in 2018 and is a chartered management accountant with over 25 years' experience and, having run her own businesses in this time, has a solid understanding of all elements of success and puts people firmly at the heart of every decision.

John, who also joined the hospice in 2018, was previously the chief executive of Swindon Borough Council and enjoyed a career in local government of nearly 40 years where he pioneered the development to make Swindon the most economically efficient borough in the country.

Joining them on the board of trustees are two new faces, Jennifer Seavor from Royds Withy King and Joe Lewis from Clark Holt.

To find out more about our board of trustees, visit our website and search 'about us.'

We will add your details to our database and keep you up-to-date with the work of the hospice by sending you our newsletter and other information you may find of interest. To personally customise how you hear from us simply visit www.prospect-hospice.net/how-you-hear-from-us, call 01793 816161 or email dataadmin@prospect-hospice.net.



thank you
brew

Saying thank you with a brew

Over the summer, our Prospect Hospice volunteers were thanked for their continued support with the offer of a voucher for a free tea or coffee that they could spend in nearly 30 cafes around Swindon.

The 'Thank You Brew' scheme, organised by our voluntary services operations and recruitment officer Graham Biggs, was available to our volunteers during Volunteer's Week, which is an opportunity to celebrate volunteering all over the UK.

Graham got the idea for the 'Thank You Brew' after attending the 2017 Association of Voluntary Service Managers annual conference, in which a hospice in the north of England had trialled a similar concept. "I thought it was a great idea and I wanted to put our unique spin on it by involving local cafes as well as bigger coffee chains, so I visited several places and asked if they'd like to take part," said Graham.

Graham hopes that, due to increased interest, it will become an annual event. "Last year we had 15 shops sign up; this year it's nearly doubled because all the retailers who joined us in 2018 immediately signed up again," he said. "I went back to all the shops who took part this year with a card, just to thank everyone personally, and everyone said they'll be back in 2020, so I definitely think it'll run for a few years yet!"

"All the feedback we received from volunteers was brilliant; really positive," Graham added. "It's vital that we thank our volunteers for all their hard work because they really are appreciated by everyone here at Prospect Hospice."

A blast from the past...

This time last year we wrote a feature about the letters collected by Freda, one of our longest serving volunteers at Prospect Hospice. Recently, Freda gave us more pieces of history from her collection including these snippets.



From the £1 million hospice appeal pamphlet (1985):

"If sufficient money can be raised to maintain it, the foundation is planning to open a small residential hospice for those who require continuous nursing, who live alone, or for other reasons cannot be cared for at home. The residential hospice will be provided in part of Victoria Hospital, Swindon, generously leased to the foundation free of charge and will have as homelike an atmosphere as possible."


Back in 1985, the Victoria Hospital provided the space we needed – Now we reside in our own building in Wroughton, have a Wellbeing Centre in Marlborough, offer services at Great Western Hospital and care for people in their own homes.

From the chairman's report from then chairman Arthur Mason in the annual review 1990-1991:

"The council of management believes that charity shops carefully located at reasonable rental costs are an effective way of raising income and thus helping to secure our financial future. I am pleased to say that the shop got off to a good start and continues to do well. I hope we will see more of them."

From the introduction of our first shop in March 1991, we have since expanded to 18 shops around Swindon and the surrounding areas.

In 2020, we will celebrate 40 years of providing specialist palliative care. Do you have any memories that you would like to share with us? Please get in touch via communications@prospect-hospice.net or by calling 01793 813355.



Your feedback Have your say

Your feedback helps us shape our services and we welcome all comments.

Here is a flavour of what people have said about our services in the last six months:

"I was visited at my home by a Prospect Hospice nurse who gave me so much good advice and guidance and boosted my confidence, explaining in great detail the services the hospice provides."

"It is an extraordinary place, with such beauty at the most difficult of times. We as the family cannot thank everyone enough for their attention to detail, constant care and attention and the feeling that this produces is calm and peace... perfect."

"Even when I was going through a tough time and not very welcoming to anyone, my Prospect Hospice nurse hung in there and helped me through."

"I cannot find sufficient words to express my gratitude for the wonderful care you provided in my wife's last hours."

Please let us know about your experience. You can complete a questionnaire in the following ways:

- Using our iPad at our inpatient reception
- Filling in a paper questionnaire (please ask a member of staff)
- Using the iPad kiosk in the reception
- Fill in a survey on our website at:

prospect-hospice.net/your-prospect/have-your-say

Rapid response brings swift comfort to patients

A new out-of-hours initiative, run direct from the hospice in Wroughton, has been set up to support staff, patients and their families at night, providing quicker, easier access to care.

A patient already known to the hospice, their relative or a member of Prospect@Home staff, can phone the rapid response team to ask for assistance and a member of that team will go out to a patient's home to make them more comfortable.

"It's good to know that there is someone on the end of the phone just in case you need a hand," said Julie Ward, Prospect@Home nursing assistant. "Not only can workers get support, but a family member whose relative is known to us can call up if they're worried and get help."

Anyone who is not a patient with Prospect Hospice is referred to a district nurse through the appropriate channels. Working with district nurses allows Prospect Hospice to help people who are not known to us, strengthening our links in the community.

This initiative can provide much needed peace-of-mind to our patients and their families. "Most know they can call in the day, but it's very different at night. One relative phoned up and was so relieved when we told her about rapid response. She thought it was amazing," said Julie.



Working with volunteers with support needs

Here at Prospect Hospice, we want to ensure everyone in Swindon and north-east Wiltshire has the opportunity to volunteer with us. To do this, we have adopted a strategy to diversify our volunteer workforce, both in terms of age and inviting greater numbers of people with support needs to volunteer in roles that are appropriate to their abilities.

We have been working with community partners who can facilitate the referral and placement process and, in some cases, provide ongoing support to the volunteer until they develop increased confidence in their role. To date, we have worked with volunteers with a variety of support needs, including learning disabilities, mental health support needs, those recovering from addiction and those needing confidence-building as they prepare to enter or re-enter the world of work. We are also proud to say that 10 % of our volunteers are under the age of 25.

We conduct a more supported recruitment process for individuals with support needs, often working in partnership with other agencies supporting them to pace the application process in a way that suits the individual, providing lots of opportunities for taster sessions and reviews at various points in the process to ensure the placement is right for the individual and they are settling in well.

We assess the resources available to manage volunteers with support needs and work closely with managers to ensure they are not being asked to support too many young or vulnerable volunteers at any one time. We also make sure that our practice is underpinned with policies and procedures that ensure the safety of everyone who contributes to our work.

Case study: Commonweal School supporting the ASDAN programme

In July 2018 we were approached by teaching assistant Gemma Dee to see whether we could support their work with students with learning difficulties. The ASDAN programme uses volunteering to help students to boost their confidence, enhance their life skills and develop interpersonal skills.

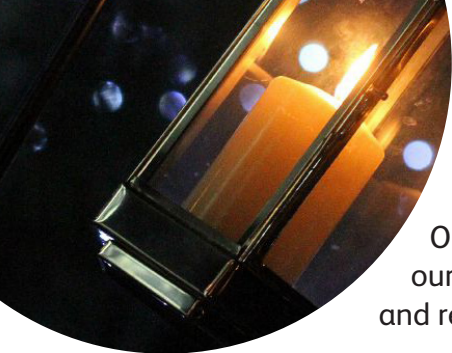
After several planning meetings with the school, we devised a new volunteering application process specifically for their students and created a simple one page application form removing the need for references, as the students were being introduced by the school itself. The teaching assistants agreed to help complete the forms with the students and support them with health and safety awareness training before volunteering commenced.

We selected two shops that we felt would be able to adequately support this programme and liaised in detail with the shop managers. Laura at Regent Street and Melissa at Gorse Hill plan for the involvement of the students and their teaching support every time they visit, setting aside tasks that they will be able to complete.

The students are fully supervised on the shop premises by their teaching support, who we also ask to complete all the necessary paperwork and induction. They visit every two weeks in term-time, and each visit lasts for two hours.

Feedback from Gemma and Steve has been fantastic and the students have loved their time in the shops. Due to its success, we are planning to repeat this programme with the next year's allocation of students.





Light up a Life

Our Light up a Life service is a special time for our community to come together to celebrate and remember those who are no longer in our lives.

There are traditional carols, readings and an especially poignant moment during the service where our Christmas tree, which stands proudly at the front of the hospice over the festive period, is lit with each of the lights representing the life of someone special.

Invitations for our 2019 service will be sent out at the end of September, or you can register your attendance, make a donation and find out more information by visiting www.prospect-hospice.net/lightuplife.



our remembrance garden...

Moments to remember, space to think and a place to be. Why not create your own remembrance tribute for a loved one with a leaf on our memory tree.



Our remembrance garden can be visited seven days a week, 365 days a year.

To find out more about how to create a leaf on the memory tree call 01793 816111 or visit www.prospect-hospice.net and search for 'memory tree'.

Thank you...

Mandy's Robins fly to fundraising success

Mandy Smith spent her final days being cared for by the hospice. "The compassion shown toward Mandy was truly outstanding," said Mandy's sister Lynn. The family have taken part in many events in memory of Mandy, already raising over £2,000, including her sister Kathy trekking to Mount Kilimanjaro, a group of family and friends took on the Starlight Walk and Run the Rainbow and they will also be hosting a quiz at Swindon Cricket Club. We would like to thank all of the family for their amazing fundraising activities.



TrekFest

In July Gary, Colin and Jackie took part in TrekFest – they walked 25km in the incredible Brecon Beacons climbing to the summit of Pen Y Fan. Between them they have raised £635.70. They are already planning their next challenge.



Thank you to our **Parachute for Prospect** sky divers who jumped 15,000 feet to raise £6,231. Would they do it again?...Yes!



Visit www.prospect-hospice.net/challenges



Former Ridgeway School pupil Sam Faria raised money with friends by asking **Swindon's Bus Company** to help with transport to their prom.

Alex Chutter, Swindon's Bus Company general manager, joined Sam to handover a cheque for £320 to Prospect Hospice.



Zurich Community Cares were tasked with the challenge of raising money to cover the cost of our stunning hanging baskets and smashed their £500 target by raising £4,760.

The hanging baskets are a beautiful welcome to all who come to the hospice and enhance our gardens, bringing joy and colour. A huge thank you goes out to everyone who supported their fundraising events.

We were delighted to be selected as the charity of the month, for **Hills Global** in Swindon. As a result of pampering sessions, cake sales, dress down days and other activities, Prospect Hospice was delighted to pay them a visit and say thank you.



The **Weighbridge Brewhouse**, recently relaunched and invited guests to sample the new menus and held fundraising activities to celebrate. We were delighted to be selected as a charity beneficiary for the event and thrilled to receive a cheque for £621.



How your company can support Prospect Hospice

Every year we rely on the support of hundreds of businesses across our local area to help us raise the vital funds that we need each year to offer our services. This support comes in many forms, from raising money as part of a charity of the year initiative, match-funding the money that employees raise at our event or their own fundraising, through to offering staff to take part in volunteering roles.

Find out more at **www.prospect-hospice.net** and search 'fundraising.'

Festive Fundraising

Keep your eyes glued to our website for some fabulous festive fundraising ideas for you to take part in at home, work or school.

Visit **www.prospect-hospice.net/festive**



Kids Starlight Walk

Sunday 9 February 2020

Registration: £8 earlybird rate until end of October, £12 thereafter
Suggested Sponsorship: £50 per child
Adults £5 each

Book a place today: www.prospect-hospice.net/kidsstarlightwalk



Optional
Fancy
Dress!

Follow Prospect Hospice on



Visit www.prospect-hospice.net

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